

# **For You, Taste of Poland RESTAURANT AND DELI**

2301 N. Central Expwy. #155

Plano, TX 75075

972.423.2458

<http://www.foryoucafe.net>

## DAILY LUNCH SPECIALS \$6.95

TUESDAY - FRIDAY 11AM - 3PM ONLY

Ask your server for a delicious, freshly prepared, and quick meal for lunch!

## SANDWICHES

Served with chips

POLISH DELI SANDWICH \$6.95

Choose two specialty Polish meats and one Polish cheese and we will make you a sandwich of your dreams!!!

GRILLED CHICKEN SANDWICH \$7.75

Try our tender, juicy, grilled chicken on a bun served with a small salad

PORK CUTLET SANDWICH \$7.95

Our house specialty on a sandwich with sauerkraut salad

SAUSAGE ON A BUN \$7.25

Grilled Polish sausage with sauté onions and sauerkraut

## SALADS

HOUSE SALAD \$6.55

Fresh romaine lettuce with tomatoes, red onions, cucumbers, red peppers, Polish cheese, topped with homemade croutons and dressing of your choice

CAESAR SALAD \$5.75

Fresh romaine lettuce tossed with Caesar dressing and croutons topped with parmesan cheese

GREEK SALAD \$8.45

Wonderful combination of romaine lettuce with tomatoes red onions, cucumbers, red peppers, and kalamata olives topped with feta cheese in garlic vinaigrette dressing

SALAD COMBO [Bukiet Surówek] \$5.75

A set of three wonderful salads: coleslaw, cucumber salad, and red cabbage salad

Add chicken, ham or turkey to any salad for \$3.00

Choice of dressing: garlic vinaigrette, ranch, blue cheese, honey mustard

## SOUPS

We serve freshly prepared, cooked from scratch, wonderful soups

### CHICKEN NOODLE SOUP [Rosół]

<u>SOUP OF THE DAY</u>	cup	\$3.95
	Bowl	\$5.95

<u>BORSCHT</u>	cup only	
White borscht with sausage and egg [Żurek]		\$5.45
Add mashed potatoes with bacon bits and fresh dill for \$1.50		

Red Borscht - plain in a cup		\$3.50
Red Borscht with dumplings (choose beef, chicken or mushroom)		\$5.45
Red Borscht with one croquette		\$6.65

<u>FLAKI</u> (only Sat. and Sun.)		
Tripe Soup	cup	\$5.95
	bowl	\$7.85

## APPETIZERS

### POTATO PANCAKES [Placki Ziemniaczane]

Three potato pancakes with sour cream or apple sauce

\$6.95

### HOMEMADE PIEROGI [Pierogi domowej roboty]

Ravioli style, Polish pasta stuffed with specially prepared stuffing - your choice of potato and cheese, beef, sauerkraut & mushroom, spinach

\$9.95

### SAUSAGE SAMPLER [Kiełbaski na smak]

Try different types of sausages straight from our deli, served with sauerkraut salad and mustard

\$8.95

### POTATO DUMPLINGS [Kopytka]

Polish style potato noodles served with mushroom sauce

### MEAT CROQUETTES WITH MUSHROOM SAUCE [Krokiety w sosie grzybowym]

Two beef croquettes with mushroom sauce

\$6.95

\$7.55

### KISHKA

Traditional Polish black sausage sautéed with onions and bacon served with bread and cucumber in brine

\$7.25

### HERRING WITH VEGETABLE SALAD (Sat. and Sun. only)

[Śledzik z sałatką jarzynową]

Herring in olive oil with diced onions and a traditional vegetable salad

\$6.95

## HOT SPECIALTIES

TASTE OF POLAND [Polskie Smakołyki] \$25.95

A specially prepared platter with many of our delicious traditional Polish meals to taste. Try wonderful pierogi, gołąbki, Polish sausage, bigos, potato dumplings, and sauerkraut salad all served on potato pancakes

PORK CUTLET [Schabowy] \$12.95

Lightly breaded pan seared pork cutlet served with your choice of two side items.

PORK ROAST WITH GRAVY [Pieczen wieprzowa w sosie grzybowym] \$14.95

Baked pork roast with a delicious mushroom gravy, silesian dumplings and a side of your choice

HUNGARIAN GOULASH [Gulasz po węgiersku] \$14.95

A tender beef stew served over potato pancakes dressed with pickles, roasted peppers, and red onions topped with freshly grated Polish cheese

POLISH SAUSAGE [Smażona kiełbasa] \$10.45

Grilled sausage with sauté onions, served with two side items of your choice

PAN SEARED CHICKEN BREAST [Smażona pierś kurczaka] \$11.25

Herb marinated, freshly grilled, tender chicken breast with two side items of your choice

<b><u>BIGOS</u></b>	<b>\$9.95</b>
Polish style stew made with sauerkraut, many types of meats, sausage, onions and dried mushrooms. This old Polish specialty is served with mashed potatoes	
<b><u>STUFFED CABBAGE [Gołabki]</u></b>	<b>\$10.25</b>
Leaves of cabbage stuffed with pork and rice. Two gołabki served with mashed potatoes and zesty tomato sauce	
<b><u>MIELONY</u></b>	<b>\$9.95</b>
Polish style chopped steak made out of pork served with your choice of two side items (dried mushroom sauce for \$1.50 extra)	
<b><u>MEATBALLS [Pulpety w sosie]</u></b>	<b>\$9.95</b>
Great meatballs, Polish style, served with mushroom sauce and your choice of two side items	
<b><u>PORK KNUCKLE [Golonka]</u> Sat. and Sun. only</b>	<b>\$10.25</b>
Served with mashed potatoes and cooked sauerkraut	

## **SIDE ORDERS**

Dinner salad	<b>\$2.95</b>
Sauerkraut salad	<b>\$2.95</b>
Green beans	<b>\$2.95</b>
Peas and carrots	<b>\$2.95</b>
Red beets	<b>\$2.95</b>
Mashed potatoes	<b>\$2.95</b>
Angel hair	<b>\$2.95</b>
Cooked sauerkraut	<b>\$2.95</b>
Red cabbage salad	<b>\$2.95</b>
Cole slaw	<b>\$2.95</b>

## DESSERTS

BLINTZES WITH CHEESE [Naleśniki]	\$6.95
FRUIT PIEROGI [Pierogi owocowe]	\$9.55
SWEET FARMERS CHEESE PIEROGI [Pierogi z białym serem na słodko]	\$9.55
HOMEMADE APPLE STRUDEL [Szarlotka] baked with fresh granny smith apples	\$5.45
TRADITIONAL POLISH POPPY SEED CAKE [Makowiec]	\$4.50

## BEVERAGES

Ice Tea	\$1.90
Soda (20oz.)	\$2.20
Black Currant Juice	\$2.20
Apple Juice (no sugar added)	\$2.20
Kubuś	\$2.20
Hot Tea	\$2.20
Coffee	\$2.20

Free refills on ice tea and regular coffee only

## KIDS CHOICES (12 and under)

Baked chicken nuggets with mashed potatoes	\$4.25
Veal wiener with mashed potatoes	\$4.25
Blintzes with cheese	\$4.75
Pierogi	\$4.75
Meatballs with angel hair pasta	\$4.75

Note: for parties of 6 or more 20% gratuity will be included in your bill

### BYOB rules:

We welcome all our guests with their own alcoholic beverage. We will be happy to provide beer openers, cork screws and glasses. We will gladly dispose of your empty bottles in an environmentally safe manner. We will not charge you a corking fee, however, 20% gratuity will be added to your bill.